



Tympanoplasty Brochure

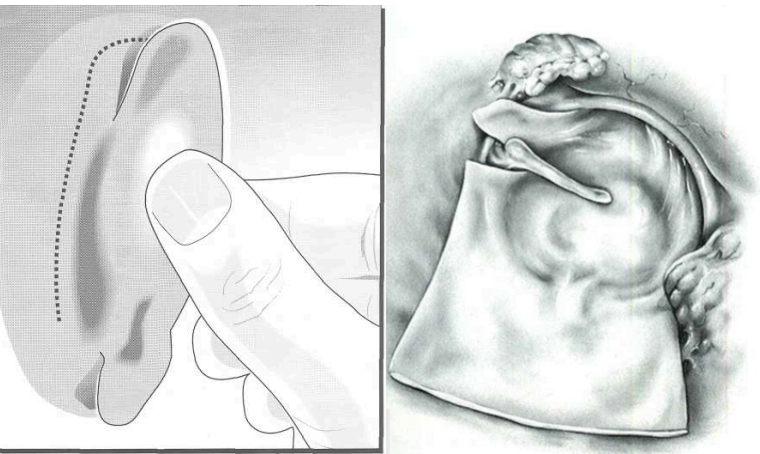
What is tympanoplasty

This is a surgical procedure done to repair you/your child's ear drum

How is the procedure done?

You/your child will be put to sleep by the anaesthetist. The ear will be examined. The ears will be cleaned and the skin at the back of the ear will be cleaned. The incision will be done on the back part of the ear and also on the tragus. Woken up afterwards. A bandage around the head will be kept for some time

The ear anatomy and incisions



What to do before the procedure

You need to fast for 6 hrs before the procedure. This is very important as there is a significant risk of aspiration if you are not fasted.

Tell your doctor if you/your child takes regular medications.

Tell your doctor if your child/you have bleeding problems

The procedure will take about one hour.

What to expect after surgery

Pain-there will be pain for at least two weeks. You should make sure pain medications will be given as prescribed. Missing doses should be avoided.

Ear pain may also occur. There may be some blood stained discharge at the back of the ear or inside the canal. This is normal. If there is large bleeding call the clinic.

Bad smell-this indicates wound infection. Please return for wound assessment.

Hearing-this will improve post op. We recommend repeat testing in 3 months.

Water-It is best to avoid water to the ear for at least one month.

Ear pack-please do not remove this pack at home. The pack will be removed on your review day and the ear examined by the surgeon.

Vertigo and dizziness may occur. This usually resolves in a few days.

Feeding

It is recommended that you return to normal eating and drinking on the first post operative day.

Days in hospital

Depending on the circumstances, you/your child may be discharged on the same day. However overnight stay may be preferred in some cases. Again the management in hospital is the same as that you would do at home.

Antibiotics-the decision will be made whether or not you/your child will receive antibiotics. If they receive this make sure the course is completed.

Return to usual activities

We recommend two weeks off school or work. You/your child should resume usual activities in two weeks.

Strenuous exercises should be avoided. If there is any queries the surgeon will be happy to attend to.

Avoid water in your ears for four weeks.